## Panagopoulos DJ, Karabarbounis A, Chrousos GP, (2024): Biophysical mechanism of animal magnetoreception, orientation and navigation. *Nature, Scientific Reports* (2024) 14:30053. https://doi.org/10.1038/s41598-024-77883-9

**Summary:** We describe a biophysical mechanism for animal magnetoreception, orientation and navigation in the geomagnetic field (GMF), based on the ion forced oscillation (IFO) mechanism in animal cell membrane voltage-gated ion channels (VGICs) (IFO-VGIC mechanism). We review previously suggested hypotheses. We describe the structure and function of VGICs and argue that they are the most sensitive electromagnetic sensors in all animals. We consider the magnetic force exerted by the GMF on a mobile ion within a VGIC of an animal with periodic velocity variation. We apply this force in the IFO equation resulting in solution connecting the GMF intensity with the velocity variation rate. We show that animals with periodic velocity variations, receive oscillating forces on their mobile ions within VGICs, which are forced to oscillate exerting forces on the voltage sensors of the channels, similar to or greater than the forces from membrane voltage changes that normally induce gating. Thus, the GMF in combination with the varying animal velocity variation rate, on GMF intensity, that is unique in each latitude, and the angle between the velocity and GMF axis, which determine animal position and orientation.

Comments: This study resolves one of the greatest enigmas in science that had remained unexplained till today: How migrating animals orient and navigate on Earth, traveling many thousands of kilometers and finding exact locations. In other words, how animals sense the GMF intensity and direction, and finally, how they can sense electromagnetic fields (EMFs) in general. According to Johnsen and Lohmann (2008), "determining how animals orient themselves using Earth's magnetic field can be even more difficult than finding a needle in a haystack. It is like finding a needle in a stack of needles." The basic IFO-VGIC model for the action of EMFs on cells has been published since 2000 in successive publications (Panagopoulos et al 2000; 2002; 2015; 2021; 2024) and is widely recognized as an accepted mechanism, referenced until today in more than 1,000 other scientific publications. It has explained, among other phenomena, the sensing of atmospheric discharges (lightning) by sensitive individuals (Panagopoulos and Balmori 2017) and the sensing of upcoming earthquakes by animals (Panagopoulos et al 2020), in addition to the explanation of all known bioeffects of man-made EMFs. Yet, it was unnoticed by people working on animal magnetoreception who insisted on complicated hypotheses involving "magnetite" or "light-induced cryptochrome radical-pairs", and hypothetical cells/organs named "magnetoreceptors" or "electroreceptors" supposedly located in the eyes, or the ears, or even the hair of various animals. This publication points out the impossibilities of those hypotheses, and illuminates the fact that all cells in all animals (and even plants), especially nerve and brain cells, are equipped with VGICs, the most abundant type of ion channels in all cell membranes and the most sensitive electro-magneto-receptors. The study, together with the ample experimental evidence that man-made EMFs at even very low intensities can affect VGICs and modify ion currents, is an additional confirmation of the IFO-VGIC mechanism which explains all known biological and health effects of both the totally polarized manmade EMFs, and those natural EMFs that are significantly polarized such as the GMF. Finally, this publication is the answer to those who still claim that "there is no accepted mechanism for EMFbioeffects".

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With the opportunity of this publication, we would like to remind the recent book which we strongly recommend to everyone:

**Electromagnetic Fields of Wireless Communications: Biological and Health Effects**, Edited by **Dimitris J. Panagopoulos**, CRC Press.

The book is now also published in soft cover edition with significantly lower price